

Cy-Fair Wrestling *Wrap-Up*

November 9-15

CONGRATULATIONS to all of our wrestlers for incredible efforts at Saturday's tournament!!

Our Medal Winners

Congratulations to the following medal-winning wrestlers:

1st place: Luke Simper, Christian Dubose, Jonathan Wertz, Quaid Tschetter, Cole Wolf, Lawrence Dipaolo, Cash Royal, Noah Wolf, River Samhan, Noah Payne, Cesar Garcia, Alexander Alvarado, Brandon Onofre, Chase Ritchie, Alex Striz, Aren Fraughton, Ruben Salazar, Alex Fisher, Ricardo Casas Jr., Christopher White, Brady Wright, Joshua Paino, Ried Orr, Jordan Taylor and Mark Snapp

2nd place: Kolten Oborny, Kylah Hernandez, Adam Conejo, Ammon Hutson, Dakota Loyacano, Noah Chan, Joshua DeAses, Nicholas Pellegrino, Chris Pacetti and Brian Vanderbilt

3rd place: Aaron Warren, Samuel Lewis, Gabriel Sanchez and Jacob Medeiros

From the Coaches...

- Our Wrestlers are coming up to speed nicely. You will begin to see a faster pace at practice and more moves being taught in the upcoming weeks. The months of December and January will be key in the development of more advanced wrestling skills in preparation for Regionals in February. Please keep encouraging them to work hard in practice.
- All local tournament registrations are due the Wednesday prior to the tournament. Each local tournament is a **\$12 entry fee**. Bring your payment in **cash or check** with tournament registration form.
- If your child does not have a coach at the start of the match, have your child tell the referee not to start the match until a coach arrives. This is pretty commonplace, and the officials are used to it. **Under no circumstance should your child compete without having a coach present.**

We Need Volunteers!

The first Cy-Fair hosted tournament is this Saturday at the Spring-Klein facility. More information about the tournament is attached. We will need all the help we can get to smoothly run this tournament. We're responsible for three scorer's tables, but we also need help in the concession stand and handing out medals. Please make sure to sign-up to volunteer at this week's practice.

Panhandle National Tournament in Amarillo, TX

The Panhandle National Tournament will be held in Amarillo on Saturday, November 28. It's an Open Tournament (no Rookie categories). The registration deadline is this Thursday, November 19th. If you're interested in competing, please let coach Greg know ASAP.

Upcoming Tournaments

The next two tournaments – Nov. 21 and Dec. 5 will be held at Spring Klein facility, more details to follow. As always, we will have weigh-ins on Wednesday night, with cash or check payment of \$12 per entry. If paying with cash, please try to have exact change.

Also, the Sun City National tournament will be held Dec. 19 with weigh-ins on Dec. 18 in El Paso. Please let Coach Greg know if you are interested in attending.

Keep Wrestling Safe

Our club strives to make wrestling a safe and fun sport for all our wrestlers. Therefore, we encourage all of our wrestlers, parents and guest to abide by all gym rules. We do not tolerate verbal and physical abuse by wrestlers or parent's. This type of behavior will result in immediate consequences. Please report all unacceptable behavior to coaches immediately. If necessary, remove your child from the situation first.

Parents Survival Guide

TX USA Wrestling website has a guide on wrestling provided by CCWC Wrestling. Please take a moment to read the guide, as you will find it very helpful. The guide can be accessed [here](#).

Email Distribution

If you have not been added to the CFSA Wrestling distribution, please email Coach Greg at greg.pellegrino@sbcglobal.net.

Please remember to have your child take a shower after each practice and tournament to wash off any germs that might be trying to make their home on the mat.



Cy-Fair Cyclones Classic Novice & Open Tournament

Saturday, November 14, 2009

Texas USA Sanctioned Event

Entry Fee - \$12 per entry

ALL wrestlers MUST have USA cards

ALL coaches MUST display proof of Copper Certification (or better) and USA card on lanyard around neck. Lanyards will be available for purchase at SKWC for \$5.

Where: Spring Klein Wrestling Club - 18016 East Strack Road, Spring, TX (*directions on next page*)

**ALL REGISTRATIONS ARE DUE BY 10 P.M. THURSDAY, NOV. 12!
No Late Entries**

Times: 7:30- 8:30 a.m. - All wrestlers must weigh in. There is no weight allowance. Must make pre-registered weight or they will be scratched from tournament. Busted wrestlers will still have to be paid for.

9:00 am: Coaches and Officials Meeting

9:15 am: Wrestling starts for all divisions (T, 1, 2, 3, 4, 5, 6)

- Double entries will be subject to 15-minute rest rule
- Entries must be submitted through the Texas USA website (www.txusawrestling.com). Please confirm that your entries were received by either calling 832.754.9581 or e-mailing greg.pellegrino@sbcglobal.net. **No late entries will be accepted.**
- Teams should make one payment in the form of a check payable to **TEXAS USA SOUTH.**

Awards:

Open – Division Tots through Division 5 – 1st–4th Place Medals

Open - Division 6 (High School) – 1st – 4th Place Medals by bracket - No set weight classes

Novice Awards: Division 1 through Division 4 - 1st - 4th Place Medals

Questions? Call Greg Pellegrino at 832-754-9581 or email greg.pellegrino@sbcglobal.net

Admission Fee: \$2 for adults; \$1 for children. *Registered wrestlers and their coaches are admitted free.*

WEIGH-IN PROCEDURES FOR 2009-2010

1. All wrestlers **must** weigh in on Saturday morning between 7:30 a.m. and 8:30 a.m. **THERE ARE NO CLUB WEIGH-INS.**
2. Weigh-ins will be conducted wearing a singlet. No weight allowance shall be given for the singlet. Tots may weigh in shorts only.
3. Wrestler must make the pre-registered weight. Failure to make weight will disqualify them from the tournament without refund.
4. One shot only on the scale will be allowed. Absolutely **NO** weight cutting will be allowed on site!

DIRECTIONS and MAP to SPRING-KLEIN WRESTLING FACILITY

18016 East Strack Road, Spring, TX

From Dallas: Take I-45 S, exit at Louetta Rd/Holzwarth (exit 69), and head west 3.3 miles (just past the Kuykendahl intersection). Turn left onto Strack. The facility is at the “Y” on your left.

From I-10: Take I-45 north, exit Kuykendahl/Rankin Road (north of Beltway 8), turn left on Rankin, then right on Kuykendahl, go 5.7 miles, then left on Cypresswood and right on E. Strack. The facility will be on your right.

From Austin: Take Hwy 290 until FM 2920 (just south of Waller) and turn east. Go through Tomball and turn right (south) on Kuykendahl. Turn right onto Louetta and left onto Strack. The facility is at the “Y” on your left.

